



THE BLUE PARROT LUNCH MENU

Served 11am-4pm

85 Corey Circle, St Pete Beach, FL 33707 | Phone: 727-368-9619

QUESADILLA

Cheese \$6.95 Chicken \$7.95 Shrimp \$8.95

ANYTIME APPETIZERS

Grouper Bites— \$10.95

Tuna Sashimi—Served w/ wasabi & pickled ginger \$7.95

Conch Fritters—Our own custom made batter served w/ our special honey mustard sauce \$6.95

Fish Spread—Combination of fresh smoked fish \$7.95

Crispy Calamari—Served w/ marinara tomato basil & orange saffron olé \$7.95

Maryland Style Crab Cakes (2)—Served w/ sauce on side \$6.95

Mussels—w/ garlic wine sauce or red sauce and garlic bread for dipping \$8.95

Caribbean Spring Rolls—Chicken, banana, black beans, cheese combination served w/ our custom raspberry sauce \$6.95

Chicken Wings—THE BEST PERIOD! Covered w/ our homemade sauce from the original Buffalo recipe or blackened \$6.95

Chicken Tenders—Homemade, lightly breaded Served w/ honey mustard sauce \$5.95
Buffalo \$6.95

Shoestring French Fries—Small \$2.50
Large \$3.95

Hand Cut Sweet Potato Fries—Small \$2.50
Large \$3.95

Sunrise Shrimp—Lightly floured shrimp covered w/ our very secret delicious sauce \$7.95
Chicken \$6.95

Dynamite Shrimp or Chicken—A more fiery version of our Sunrise Shrimp
Shrimp \$7.95 Chicken \$6.95

U-Peel-Em Shrimp—½ lb. \$6.95 1 lb. \$10.95

12" THIN CRUST PIZZA

Margarita Pizza—Fresh homemade sauce, with homemade mozzarella cheese \$5.95

Additional toppings \$1.00 each
Meatball, pepperoni, onions, mushrooms, jalapeños, olives, peppers

HOUSE SPECIAL PIZZA

White Clam Pizza—Baby hardshell clams, Florida raised. A Blue Parrot Specialty \$10.95

Shrimp Margarita Pizza—\$11.95

BURGERS

½ lb. Hand-formed 100% fresh Ground Beef Served with choice of: French fries, slaw, or sweet potato fries

Add Bacon \$1.00 Additional Items \$.75

Blue Cheese, American, Swiss, or Mozzarella Cheese add \$.75

½ lb. Burger—\$6.95

South Philly Burger—Fabulous gourmet burger loaded with shaved steak, grilled onions, mushrooms, & peppers. Topped with mozzarella cheese \$9.95

Bada Bing Bada Burger—Topped with tomato, basil, pesto, capicola, & fresh mozzarella cheese \$9.95

Parrot Burger—The ultimate burger with mushrooms, bacon, fried onions, & mozzarella cheese \$9.95

Mexican Burger—Topped with jalapeños, lettuce, tomato, cheddar cheese, & chipotle mayo on the side \$9.95

EVERY MONDAY NIGHT

Tom Cats

18 pc Swing Band 6:30pm to 10:00 pm

SALADS

Side Salad—\$2.95

Cobb Salad—Chicken, blue cheese, bacon, hardboiled egg, & tomato \$9.95

Southwestern Chicken Salad—Cheddar cheese, chicken, roasted peppers, crispy taco strips, & tomato \$8.95

Caesar Salad—Plain \$6.95 Chicken \$9.95
Cod \$9.95 Shrimp \$10.95 Salmon \$11.95
Salmon \$13.95

Spinach Salad—Feta, onions, tomato, portabella mushrooms \$7.95 Add Chicken \$9.95
Shrimp \$10.95 Salmon \$10.95

Chipotle Chicken Salad—Grilled chicken, cheddar cheese, tomato, chipotle ranch dressing \$8.95

Chef Salad—Ham, bacon, tomato, egg, cheese \$8.95

Seared Tuna Oriental Salad—Fresh seared tuna, Ramen noodles, sesame soy dressing \$9.95

WRAPS

Chicken Bacon Ranch Wrap—With delicious white chicken breast, lettuce, & tomato \$7.95

Cobb Wrap—Chicken, tomato, bacon, hard boiled egg, & Romaine lettuce \$7.95

Shrimp Wrap—Shrimp with Romaine lettuce, coleslaw, & special sauce \$8.95

Seared Tuna Wrap—With a perfect blend of wasabi ginger and lettuce \$9.95

B.L.T. Wrap—If you like our famous B.L.T., you are going to LOVE this wrap \$7.95

Portabella Wrap—With roasted peppers and feta cheese \$6.95

SOUP OF DAY

Seafood Bisque—Cup \$4.25 Bowl \$5.95

Soup of Day—Cup \$2.75 Bowl \$4.00

SPECIALTY SANDWICHES

Super Cuban—Pork, salami, ham, Swiss cheese, pickle \$7.95

South Philly Cheese—Onions, peppers, mushrooms, & cheese
w/ Chicken \$6.95 w/ Beef \$7.95

Meatball Sub—Topped w/ mozzarella \$6.95

Reuben—Home cooked corned beef, not Deli \$8.95

Cod Sandwich—Fresh, North Atlantic cod. Seared, blackened, or fried \$8.95

Grouper Sandwich—Seared, fried, or blackened \$12.95

Fish Tacos (2)—We use soft shell tacos and fresh New England cod \$6.95

Fish & Chips—Fresh New England cod \$9.95

Parrot Chicken—Chicken with Blue cheese, bacon on a croissant \$7.95

Grilled Chicken Cheddar—With roasted peppers, mushrooms, & cheddar cheese \$7.95

DELI CORNER

(YOUR CHOICE OF RYE, WHEAT OR WHITE)

Junior Club—Ham, Swiss cheese, bacon, turkey, lettuce, & tomato \$6.95

Tuna Salad Sandwich—\$5.95

Chicken Salad Sandwich—\$5.95

Ham & Cheese Sandwich—\$5.95

MONDAY THRU FRIDAY NEW EXTENDED HAPPY HOUR

12 pm to 7 pm

Well Drinks \$2.50

16 oz. Draft \$2.25

Wine \$2.75

BAR ONLY